Daria Kuskovska
Freiformulierter Erfahrungsbericht

Studienbegleitender Auslandsaufenthalt

Basisdaten (bitte alle Angaben eintragen!)

<table>
<thead>
<tr>
<th>Fakultät/Fach:</th>
<th>Sozialökonomie/ International Business and Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fachsemester:</td>
<td>2/Summer semester</td>
</tr>
<tr>
<td>Gastland:</td>
<td>France</td>
</tr>
<tr>
<td>Gasthochschule/-institution:</td>
<td>Aix-Marseille University</td>
</tr>
<tr>
<td>Art des Aufenthalts (z.B. Studium, Praktikum)</td>
<td>Erasmus+</td>
</tr>
<tr>
<td>Zeitpunkt des Aufenthalts (z.B. SoSe 2016):</td>
<td>SoSe 2022</td>
</tr>
<tr>
<td>Dauer des Aufenthalts (z.B. 3 Monate):</td>
<td>5 month</td>
</tr>
<tr>
<td>Mobilitätsprogramm (z.B. Hamburgglobal, Zentralaustausch):</td>
<td>Erasmus+</td>
</tr>
<tr>
<td>Bewerbungsrunde (z.B. März 2016):</td>
<td>March 2021</td>
</tr>
</tbody>
</table>

Vorbereitung und Anreise

- Were/are you satisfied with the advice at the UHH? That may affect the department refer to international matters, to advice at your faculty/department, etc.

Yes, I was

- If applicable: Were you able to make binding agreements (learning agreement, etc.) regarding the recognition of your achievements from abroad?

Yes

- Did you need a visa? If so: costs and duration of the application?

Yes, 100 euro, 10 days

- Acceptance from the host university/host institution: long-term/short-term? necessary information receive?

Short term, all the information received

- What travel/transport costs did you have?

Around 80 euro for the flight ticket

- What did you have to look out for with your health insurance? For some target regions:

Were vaccinations or other medical preparations necessary?

COVID vaccine was necessary; the insurance I used was a EHIC card.
- **What should you take with you from home?**

Personal things, money, documents

**Finanzierung des Auslandsaufenthalts/ Kosten vor Ort**

- Did you receive any financial support (Hamburglobal or other)? If yes how

Was the application (complicated/ simple?)

Erasmus scholarship, the procedure was easy

- What sources of information/ advice did you use/ which ones did you really find helpful?

Help of the International Office

- What expenses or what additional expenses did you have in the month compared to the costs in Germany?

The cost of living was approximately the same as in Hamburg, but for the groceries/restaurants/entertainment is slightly higher

- Do you have any tips (shopping, etc.)?

**Unterbringung und Verpflegung**

- Were there any offers from the host university/host institution? How was the quality of the offer? What were the costs involved? Were possible alternatives possible?

Yes, I lived in a student dorm, the cost was 250 euro per month, but the room was very small. I didn’t consider private apartments because they were too expensive

- If you lived outside of the university: How was it?

**Apartment Search? What problems did you have? Do you have any other tips?**

--

- Was there a canteen/cafeteria? Where else can you eat well and cheaply?

Yes, there was a cafeteria with affordable meals

**Gasthochschule/ Gastinstitution**

- What leisure activities would you recommend? Which are for a quick Settling in particularly suitable?

Going to Erasmus+ parties at the beginning helped me meet a lot of people and make good friends.

- If known: Were there opportunities to work?

I was not allowed to work
- How do you rate the safety on site/contact with people? "Does and don’t"?

Very safe

- Was it possible to use public transport? How did it turn out

Use of other means of transport (scooter, car, bicycle, etc.), is it recommended?

Yes, I used buses to go to the campus. Otherwise a bike would be useful, since the city is pretty small

- Weather/climate compared to home country?

Warmer than in Germany, but the winter was still cold

Ablauf des Studiums (z.B. Kurswahl, Anforderungen)/ Praktikums/ Forschungsaufenthalts etc.

Orientation at the place of residence: paths and distances between the facilities

and from the place of residence to the facility, best means of transport (public transport, bicycle, etc.)

My campus was around 40 min away by bus from the city center

- Formalities: what must be done at the beginning? How much time do you need schedule/what documents are required?

For my visa, I had to register at the specific website after I came to France and pay additional 50 euro.

Registration at the International Office at the hosting University, must be done at the beginning, all the information was provided. Also getting a Social security number is required for using the health insurance.

- On-site libraries/scientific research institutions/laboratories: access, collection, etc

Didn’t use them

- How high were the language requirements?

study, e.g.

English B2 is required

- Curriculum: Differences in your own subject compared to studying at the UHH? Which?

Quite big differences, couldn’t find the exact courses I would take in UHH. The teaching style is similar, but the lectures are longer, typically 3h with a break.
Did you have any forms of teaching/examination? How do you rate these?
Yes, there were writing exams and project based gradings. Pretty similar to UHH ones.

There was teaching materials (if yes, which ones)?
Mostly presentations/PDFs from the professors.

How did you choose the course? Which courses have you visited?
I chose the ones I liked and corresponded to my study program.

How do you rate the requirements of the courses?
Very adequate

- Were there language lessons during the course?
Yes, there was a French language course available

- Contacts: How was the contact with the International Office of the host university? to local students? To university teachers?
All very good

Alltag/ Freizeitmöglichkeiten

Zusammenfassung
- What personal gain would you highlight for yourself?
New friends, got familiar with a different culture

- From your point of view, did your stay also have a professional benefit?
Yes, it was good for my CV

- Positive/ negative experiences?
Difficult without French language skills (but manageable)

- Do you have criticism (of the program, advice, etc.) and suggestions for improvement?
--

- Only for internship: Can you recommend the internship?
--
Fotos/ weitere Anhänge (Fotos bitte beschriften)

Campus (and campus cat)
Introduction to lecture
The city

Calanque