



Daria Kuskovska

# Freiformulierter Erfahrungsbericht

## Studienbegleitender Auslandsaufenthalt

### Basisdaten (bitte alle Angaben eintragen!)

Fakultät/Fach:	Sozialökonomie/ International Business and Sustainability
Fachsemester:	2/Summer semester
Gastland:	France
Gasthochschule/-institution:	Aix-Marseille University
Art des Aufenthalts (z.B. Studium, Praktikum)	Erasmus+
Zeitpunkt des Aufenthalts (z.B. SoSe 2016):	SoSe 2022
Dauer des Aufenthalts (z.B. 3 Monate):	5 month
Mobilitätsprogramm (z.B. Hamburglobal, Zentralaustausch):	Erasmus+
Bewerbungsrunde (z.B. März 2016):	March 2021

### Vorbereitung und Anreise

- **Were/are you satisfied with the advice at the UHH? That may affect the department refer to international matters, to advice at your faculty/department, etc.**

Yes, I was

- **If applicable: Were you able to make binding agreements (learning agreement, etc.) regarding the recognition of your achievements from abroad?**

Yes

- **Did you need a visa? If so: costs and duration of the application?**

Yes, 100 euro, 10 days

- **Acceptance from the host university/host institution: long-term/short-term? necessary information receive?**

Short term, all the information received

- **What travel/transport costs did you have?**

Around 80 euro for the flight ticket

- **What did you have to look out for with your health insurance? For some target regions:**

**Were vaccinations or other medical preparations necessary?**

COVID vaccine was necessary; the insurance I used was a EHIC card.

**- What should you take with you from home?**

Personal things, money, documents

### **Finanzierung des Auslandsaufenthalts/ Kosten vor Ort**

**- Did you receive any financial support (Hamburglobal or other)? If yes how**

**Was the application (complicated/ simple?)**

Erasmus scholarship, the procedure was easy

**- What sources of information/ advice did you use/ which ones did you really find helpful?**

Help of the International Office

**- What expenses or what additional expenses did you have in the month compared to the costs in Germany?**

The cost of living was approximately the same as in Hamburg, but for the groceries/restaurants/entertainment is slightly higher

**- Do you have any tips (shopping, etc.)?**

### **Unterbringung und Verpflegung**

**- Were there any offers from the host university/host institution? How was the quality of the offer? What were the costs involved? Were possible alternatives possible?**

Yes, I lived in a student dorm, the cost was 250 euro per month, but the room was very small. I didn't consider private apartments because they were too expensive

**- If you lived outside of the university: How was it?**

**Apartment Search? What problems did you have? Do you have any other tips?**

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**- Was there a canteen/cafeteria? Where else can you eat well and cheaply?**

Yes, there was a cafeteria with affordable meals

### **Gasthochschule/ Gastinstitution**

**- What leisure activities would you recommend? Which are for a quick**

**Settling in particularly suitable?**

Going to Erasmus+ parties at the beginning helped me meet a lot of people and make good friends.

**- If known: Were there opportunities to work?**

I was not allowed to work

**- How do you rate the safety on site/contact with people? "Does and don't"?**

Very safe

**- Was it possible to use public transport? How did it turn out**

**Use of other means of transport (scooter, car, bicycle, etc.), is it recommended?**

Yes, I used buses to go to the campus. Otherwise a bike would be useful, since the city is pretty small

**- Weather/climate compared to home country?**

Warmer than in Germany, but the winter was still cold

**Ablauf des Studiums (z.B. Kurswahl, Anforderungen)/ Praktikums/ Forschungsaufenthalts etc.**

**Orientation at the place of residence: paths and distances between the facilities**

**and from the place of residence to the facility, best means of transport (public transport, bicycle, etc.)**

My campus was around 40 min away by bus from the city center

**- Formalities: what must be done at the beginning? How much time do you need schedule/ what documents are required?**

For my visa, I had to register at the specific website after I came to France and pay additional 50 euro.

Registration at the International Office at the hosting University, must be done at the beginning, all the information was provided. Also getting a Social security number is required for using the health insurance.

**- On-site libraries/scientific research institutions/laboratories: access, collection, etc**

Didn't use them

**- How high were the language requirements? study, e.g.**

English B2 is required

**- Curriculum: Differences in your own subject compared to studying at the UHH? Which?**

Quite big differences, couldn't find the exact courses I would take in UHH. The teaching style is similar, but the lectures are longer, typically 3h with a break.

**Did you have any forms of teaching/examination? How do you rate these?**

Yes, there were writing exams and project based gradings. Pretty similar to UHH ones.

**There was teaching materials (if yes, which ones)?**

Mostly presentations/PDFs from the professors.

**How did you choose the course? Which courses have you visited?**

I chose the ones I liked and corresponded to my study program.

**How do you rate the requirements of the courses?**

Very adequate

**- Were there language lessons during the course?**

Yes, there was a French language course available

**- Contacts: How was the contact with the International Office of the host university? to local students? To university teachers?**

All very good

**Alltag/ Freizeitmöglichkeiten**

**Zusammenfassung**

**- What personal gain would you highlight for yourself?**

New friends, got familiar with a different culture

**- From your point of view, did your stay also have a professional benefit?**

Yes, it was good for my CV

**- Positive/ negative experiences?**

Difficult without French language skills (but manageable)

**- Do you have criticism (of the program, advice, etc.) and suggestions for improvement?**

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**- Only for internship: Can you recommend the internship?**

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Fotos/ weitere Anhänge (Fotos bitte beschriften)



Campus (and campus cat)



Introduction to lecture





The city



Calanque